



2023 PRC Membership

Parkway Community YMCA. 1972 Centre St. West Roxbury, MA 02132 (617) 323-3200

Name(s) _____
Address _____
City, State Zip _____
Home Phone _____
Email Address(es) _____
Date(s) of Birth (please fill in) _____

Membership:

PRC welcomes new and renewing members at any time during the year. Any member who signed up on Oct. 1st, 2022 or later is paid thru 2023. Same address required for Family / Couples membership.

New or Renewing Memberships (circle one below)

- Individual - \$50 (Age 18+)
- Family / Couples - \$75

Apply or renew your membership online at <http://www.racemenu.com>
Search for "Parkway"

Favorite Distances (circle all)

- 5k 5 mile
- 10k Triathlon
- Half marathon Marathon

Please remember to get a YMCA/PRC ID made at the front desk! Mandatory for all PRC members!

Participant/Volunteer Waiver

To be signed by each new member in the household. Applicants under 18 require signature of parents.

I know and understand that participating in **Parkway Running Club** runs or activities and/or volunteering for or with the **Parkway Running Club** are potentially dangerous activities and can result in injuries. I understand that I should not participate or volunteer unless I am physically or medically able, and that it is solely my responsibility to determine whether I am physically or medically able to participate in Club runs or activities or volunteering for or with the Club. I assume all risks associated with participating in **Parkway Running Club** runs or activities or volunteering for or with the **Parkway Running Club**, including, but not limited to, trip and falls, contact with vehicles or participants at events, the effects of the weather, conditions of the road and traffic, all such risks being known and appreciated by me. Having read and understood this waiver I, for myself and anyone entitled to act on my behalf, waive and release the **Parkway Running Club**, its members, officers, representatives and successors from any and all claims or liabilities of any kind arising out of my participation in Parkway Running Club runs or activities and/or volunteering for or with the **Parkway Running Club**.

Signature(s) & Date

*Please mail completed form and check to
Parkway Running Club c/o YMCA
1972 Centre Street
West Roxbury, MA 02132
Make checks payable to "Parkway Running Club"*

Parkway Running is Fun Running!
www.ParkwayRunningClub.org